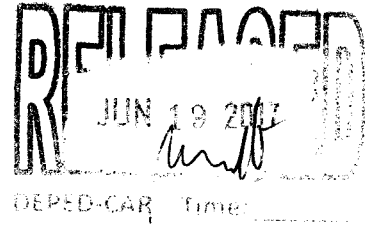




Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION
Wangal, La Trinidad, Benguet



REGIONAL MEMORANDUM
No. 187-2017 s. 2017



TO: Schools Division Superintendents
All Schools Divisions

FROM: **MAY B. ECLAR, Ph.D., CESO V**
Officer-In-Charge
Office of the Regional Director

SUBJECT: **2017 NUTRITION MONTH CELEBRATION**

1. The yearly Nutrition Month is lead by the National Nutrition Council (NNC) as the policy making body on nutrition. This year's celebration aims to disseminate nutrition-related messages to all Filipinos through the theme "**Healthy Diet, Gawing Habit - for LIFE**".
2. The Celebration aims to:
 - a. promote consumption of healthier foods and discourage the eating of unhealthy foods;
 - b. encourage families and individuals to eat a balanced diet with a variety of food in the right quantity and maintaining an ideal body weight to reduce obesity and non-communicable diseases;
 - c. create awareness among them on making right choices of food; and
 - d. encourage food industry, producers, distributors and farmers and make healthy foods available for all.
3. In support to this endeavor, all schools are enjoined to participate in the celebration by undertaking meaningful activities which will highlight the importance of good nutrition, healthy diet and healthy lifestyle. Schools are also enjoined to serve healthy menu and indigenous snacks in the school canteens.
4. The *Engage Time-on-Task Policy* of the DepEd should be observed as stipulated in DepEd Order No. 9, s. 2005.
5. A consolidated narrative report with pictorials on the highlights of the observance of the Nutrition Month shall be submitted through email at essd.depedcar@gmail.com not later than September 15, 2017.
6. Immediate dissemination of this Memorandum is desired.

Reference:

DepEd Memoradum No. 105, s. 2017

To be indicated in the Perpetual Index

Under the following subjects:

CELEBRATIONS AND FESTIVALS HEALTH EDUCATION LEARNERS
PROGRAMS SCHOOLS TEACHERS

ESSD/ABG/mbanm2017

Telephone Numbers:

Office of the Director IV	-422-1318	Budget and Finance Division	-422-5155	Cash Section	-309-3017	Record Section	-309-3015
Fax Machine	-422-4074	Elementary Education Division	-422-7096	Physical Facilities Unit/ICT	-309-3011	Payroll Services Unit	-424-3993
Office of the Director III	-309-3013	Alternative Learning System	-422-5187	Regional Planning Unit	-309-1234	Special Services Division	-424-5167
Administrative Division	-422-1804	Secondary Education Division	-309-3014	Supply Unit	-422-2198	Commission on Audit	-422-7434



Republic of the Philippines
Department of Education

05 JUN 2017

DepEd MEMORANDUM
No. **105**, s. 2017

2017 NUTRITION MONTH CELEBRATION

To: Undersecretaries
Assistant Secretaries
Bureau and Service Directors
Regional Directors
Schools Division Superintendents
Public Elementary and Secondary Schools Heads
All Others Concerned

1. The National Nutrition Council (NNC) will lead the whole nation in the celebration of the **2017 Nutrition Month** this coming July. The main purpose of this Celebration is to disseminate nutrition-related messages to all Filipinos through the focal theme *Healthy Diet, Gawing Habit – for Life!*
2. The Celebration aims to:
 - a. promote the consumption of healthier foods and discourage the eating of unhealthy foods;
 - b. encourage the families and individuals to eat a balanced diet with a variety of food in the right quantity and maintaining an ideal body weight to reduce obesity and non-communicable diseases;
 - c. create awareness among them on making the right choices of food; and
 - d. encourage food industry, producers, distributors and farmers and make healthy foods available for all.
3. In support of this developmental endeavor, the Department of Education (DepEd) enjoins all schools to participate in this Celebration by undertaking meaningful activities which will highlight the importance of good nutrition, healthy diet and healthy lifestyle.
4. However, it is emphasized, that the *Engaged Time-on-Task Policy* of the DepEd should be observed as stipulated in DepEd Order No. 9, s. 2005.
5. A consolidated narrative report with the pictorials on the highlights of the observance of Nutrition Month shall be prepared by the regional health and nutrition personnel for submission to the NNC regional offices.
6. Immediate dissemination of this Memorandum is desired.


LEONOR MAGTOLIS BRIONES
Secretary